



"VITAL ARTICLES ON SCIENCE/CREATION"

February 2003

Impact #356

THE "BABY DOCTOR," BENJAMIN SPOCK, ON DARWIN AND MORALITY

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Yale trained Benjamin Spock, M.D., is the author of one of the bestselling nonfiction books of all time, a guide for parents titled, *Baby and Child Care*. First published in 1946, it has sold over 50 million copies and has been translated into 42 languages. His writings and ideas have influenced so many millions of mothers that he has been called affectionately the nation's "baby doctor" (Spock and Morgan, 1989; Bell, 1966). His influence in the world has been so profound that Dr. Spock was named one of the hundred most important people in the twentieth century by *Life* magazine (Maier, 1998, p. 298). He also is widely considered the most influential child care authority of the twentieth century (*Britannica Year in Review*, 1998).

During his long and distinguished professional career, Dr. Spock taught at several of the nation's leading institutions of higher learning, including Cornell University, the University of Minnesota, and Case Western Reserve University. Always a good student, he graduated first in his class at Columbia University Medical School (Lewkonia, 1998, p. 825). His lifelong interest in, and love for, people made him develop into an astute observer of the human condition (Philpot, 1979). His interest in this field motivated him to author a dozen books and hundreds of articles on child care and the major social problems of our age. He was active in helping humanity in numerous organizations until he died in March of 1998, a few weeks before his 95th birthday (Lewkonia, 1998; Collum, 1998).

Spock Is Introduced to Darwinism

Dr. Spock was first introduced to Darwinism at Yale University, and he referenced Darwin and his ideas several times in his books. Even in his classic work, *Baby and Child Care*, under the subheading, "They're repeating

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the whole history of the human race,” Spock wrote that watching a baby grow is “full of meaning” because,

the development of each individual child retraces the whole history of the human race, physically and spiritually, step by step. Babies start off in the womb as a single tiny cell, just the way the first living thing appeared in the ocean. Weeks later, as they lie in the amniotic fluid in the womb, they have gills like fish. Toward the end of the first year of life, when they learn to clamber to their feet, they’re celebrating that period millions of years ago when our ancestors got up off all fours. It’s just at that time that babies are learning to use their fingers with skill and delicacy. Our ancestors stood up because they had found more useful things to do with their hands than walking on them (Spock and Rothenberg, 1992, p. 301).

	1960	1992
Illegitimate Births		
Whites	3%	22%
Blacks	23%	68%
All Races	5%	30%
Welfare Spending	29 billion dollars	212 billion dollars
Juvenile Crime	137* (1965)	431*
Violent Crime	16*	76*
Total Crime	189*	566*
Cost of Crime	43 billion dollars	163 billion dollars
Combined SAT Scores	975	899
Church Membership	63%	59%
*Rate per 100,000 population. Source: Statistical Abstract of the United States		

Table 1: A sample of Increases in Social Problems in the Last Half Century

Spock Recognizes the Harm That Darwinism Did to Society

Dr. Spock eventually recognized the serious harm that Darwinism had done to people’s lives and to society in general (Bloom, 1972). The insight Dr. Spock gained is the story of many individuals of our time. His biographer, Lynn Bloom, stated that it was inevitable that Spock, “frustrated in his attempts to express fully his views on various social or political issues in magazine columns,” would elaborate his conclusions in a book. His book, which Bloom calls “Spock’s spiritual autobiography,” was “the distillation of a lifetime of his varied thoughts on the problems of modern western man, Americans in particular.” In this book he concluded that *man has lost his belief in himself and his sense of direction because the concepts of evolution, of psychology, and of sociology have undermined the*

authority of religion and man's identification with God. They have induced man to belittle himself, to conceive of himself as merely an animal divisible into a number of mechanical parts and drives (Bloom, p. 213, emphasis mine).

In his spiritual autobiography, Dr. Spock notes that he was reared in a family “with stern morals even by New England standards.” He then admitted that he tried to free himself from these strict standards throughout his adolescence and young adulthood because he believed then that a “knowledge of biology, psychology, and sociology should offer sufficient guides for a modern man.” His lifetime of reading, practicing as a pediatrician, college teaching, talking with parents, and researching the problems of Western society caused him to,

come to realize that the worst problems of America—illegal war, racial injustice, unnecessary poverty, for example are caused not by lack of knowledge or means [to solve these problems] *but by moral blindness or confusion* (1970, p. 207, emphasis and bracketed item mine).

Table I shows the increase in some major social problems that have occurred in the past half century alone. Obviously these problems are due to several factors, a major one being the secularization of society and what Dr. Spock calls “a moral blindness.” Dr. Spock concluded that this moral blindness that produced many of our modern social problems was the direct result of modern secular teachings resulting from Darwinism, Freudianism, and other humanistic philosophies. In Spock’s own words, the major reason for our most serious social problems was the *weakening of the influence of religion that resulted especially from the influence of Darwinism* and our increasingly secular society:

The teachers in the early colonial schools and universities of the United States were predominantly Protestant ministers whose principal aim was to teach religious principles and to train more ministers, who became the next leaders of the community. . . . By the second half of the nineteenth century the *discovery of evolution* and the development of various behavioral sciences further weakened the authority of the churches as educators. As the need for schools and universities mounted they were established increasingly by towns and states. Now the Supreme Court has forbidden in public schools even the vaguest of prayers (Spock, 1970, p. 207, emphasis mine).

Dr. Spock realized that many of the movements with which he had once agreed had caused an enormous amount of harm in our society. As a result of his insight, he admitted that he had “come full circle, in the end, to a feeling that it is crucial, in all issues, to consider the moral dimension” when trying to solve social and societal problems (1970, p. xiii). The major source of morality in the West, he realized, was the Judeo-Christian heritage, which has been seriously undermined by Darwinism, Freudianism, and the secular humanistic philosophies taught in our schools and by society as a whole. In his words, he “grew up with the century” (Spock and Morgan, 1989).

Too Late to Do Much about These Issues

Unfortunately, Spock’s insight about these issues came late in his life when there was little he could do about them. While he recognized that Darwinism was harmful, he had assumed the theory was supported by verifiable scientific facts. His

own references to the alleged evidence for Darwinism have been refuted long ago. For example, we now know that almost every concept noted in the quote above from Spock's *Baby and Child Care* book was wrong. The theory that an embryo repeats its evolutionary history has been shown to be based on forgeries (Wells, 2000; Bergman, 1999; Frair, 1999). Furthermore, neither embryos nor fetuses have "gills like fish." Spock recognized that evolution had done much harm in society, but his belief that the evidence which supported evolutionism blocked him from doing much about the problem. This illustrates the importance of stressing current research, which shows that most of the icons used to support evolution are either outright frauds or based on extremely tenuous and debatable evidence (Wells, 2000).

Acknowledgments: I wish to thank Bert Thompson, Ph.D.; John Woodmorappe, M.A.; Clifford Lillo, M.A.; and Wayne Frair, Ph.D., for their comments on earlier drafts of this article.

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